

Anthropology of Food

Educational subject description sheet

Basic information

Study programme Etnologia (Cultural Differences and Transnational Processes)		Didactic cycle 2024/25
Speciality -		Subject code 20ETES.2FN.16186.24
Organizational unit Faculty of Anthropology and Cultural Studies		Lecture languages English
Study level Second-cycle programme		Course type Elective
Study form Full-time		Block Subjects not assigned
Education profile General academic		
Subject coordinator	Zofia Boni	
Lecturer	Zofia Boni	
Periods Semester 1, Semester 2, Semester 3, Semester 4	Activities and hours • Conversatory classes: 30, Graded credit	Number of ECTS points 5

Goals

Code	Goal
C1	Transfer of knowledge from the field of anthropology of food, both classic readings from the history of anthropology and contemporary research
C2	Teaching about the most important concepts and theories regarding the analysis of socio-cultural aspects of food
C3	Teaching students the ability to interpret texts in the field of anthropology of food, from a theoretical, analytical and methodological perspective
C4	Teaching students how conduct discussions, formulate problems and solve research tasks

Entry requirements

The competence in written and oral English is mandatory. There will be a lot of reading materials. Some basic knowledge of anthropology or sociology would be helpful. Students will be expected to read all compulsory materials, actively participate in seminar discussions, prepare reading questions and group presentations. There will also be a final short essay due at the end of the semester.

Subject learning outcomes

Code	Outcomes in terms of	Learning outcomes	Examination methods
Knowledge - Student:			
W1	Has advanced knowledge in the field of food anthropology and related sciences	ETE_K2_W03, ETE_K2_W04, ETE_K2_W06	Essay
W2	Knows and understands the most important methods of analysis and interpretation of socio-cultural phenomena related to food,	ETE_K2_W01, ETE_K2_W05, ETE_K2_W07	Essay
W3	Is able to use concepts and terminology related to the analysis of socio-cultural aspects of food	ETE_K2_W02, ETE_K2_W04, ETE_K2_W07, ETE_K2_W09	Essay
W4	Sees interdisciplinary connections between anthropology and other sciences in the area of food research	ETE_K2_W05, ETE_K2_W06	Essay
Skills - Student:			
U1	Is able to formulate their own opinions and judgments based on texts discussing various aspects and meanings of food	ETE_K2_U01, ETE_K2_U02, ETE_K2_U04, ETE_K2_U06, ETE_K2_U09	Essay
U2	Is aware of their own knowledge about anthropology of food	ETE_K2_U01, ETE_K2_U05	Essay
U3	Has the ability to analyze texts on socio-cultural aspects of food, including the synthesis of views, methods and research tools	ETE_K2_U02, ETE_K2_U09	Essay
Social competences - Student:			
K1	Is aware of the complex nature of food systems and ways of eating in different cultural and geographical contexts	ETE_K2_K07, ETE_K2_K10	Essay
K2	Is able to plan the work and related tasks both when working individually and in a group	ETE_K2_K02, ETE_K2_K03	Essay

Study content

No.	Course content	Subject learning outcomes	Activities
1.	Political economy of food	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes
2.	Food and social class	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes

No.	Course content	Subject learning outcomes	Activities
3.	Alternative food networks	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes
4.	Food and gender	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes
5.	Family meals	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes
6.	National foods and tourism	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes
7.	Food and the body	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes
8.	Critical nutritionism and healthy foods	W1, W2, W3, W4, U1, U2, U3, K1, K2	Conversatory classes

Additional information

Activities	Teaching and learning methods and activities
Conversatory classes	Discussion, Work with text, Case study, Work in groups

Activities	Credit conditions
Conversatory classes	The assessment for this course will be based on class participation (preparing response papers before class, class discussions, group presentations), which will constitute 40% of the final mark; and 4000 word essays (60% of the final mark).

Literature

Obligatory

1. Biltekoff, Charlotte (2013) Eating Right in America. The Cultural Politics of Food and Health. Durham, London: Duke University Press.
2. Cairns, Kate, and Josee Johnston (2015) Food and Femininity. London: Bloomsbury.
3. Counihan, Carole and Penny Van Esterick (2013) Food and Culture: A Reader. London: Routledge.
4. Klein, Jakob A. and James L. Watson (eds.) (2016) The Handbook of Food and Anthropology. London: Bloomsbury.
5. Hayes-Conroy, Alison and Jessica (2016) Doing Nutrition Differently. Critical Approaches to Diet and Dietary Intervention. London and New York: Routledge.
6. Murcott, Anne, Warren Belasco and Peter Jackson (eds) (2013) The Handbook of Food Research. London: Bloomsbury.
7. Ward, Paul, Coveney, John and Julie Henderson (2010) "Editorial: A sociology of food and eating: Why now?", Journal of Sociology 46(4): 347 – 351.
8. Watson, James L. and Melissa L. Caldwell (eds) (2005) The Cultural Politics of Food and Eating. Oxford: Blackwell.

Optional

1. Guthman, Julie and Melanie DuPuis (2006) „Embodying neoliberalism: economy, culture, and the politics of fat”, Environment and Planning D: Society and Space, 24: 427 – 448.
2. Mintz, Sidney and Christine M. Du Bois (2002) “The anthropology of food and eating”, Annual Review of Anthropology, 31: 99 – 119.
3. Mol, Annemarie (2009) “Good Taste: The Embodied Normativity of Citizen-Consumer”, Journal of Cultural Economy, 2:3, 269-283.
4. Silva, Elizabeth (2000) “The cook, the cooker and the gendering of the kitchen”, The Sociological Review, 48 (4): 612 – 628.
5. Wilk, Richard (1999) “‘Real Belizean Food’: Building Local Identity in the Transnational Caribbean”, American Anthropologist, 101 (2): 244 – 255.
6. Wilk, Richard et al. (2015) “The Future of Food Studies”, Food, Culture & Society, 18(1): 167 – 186.

Calculation of ECTS points

Activities	Activity hours*
Conversatory classes	30
Preparation for classes	50
Paper preparation	60
Student workload	Hours 140
Number of ECTS points	ECTS 5

* academic hour = 45 minutes

Efekty uczenia się dla kierunku

Kod	Treść
ETE_K2_K02	The graduate is ready to organize and coordinate their own and others' activities for the social good
ETE_K2_K03	The graduate is ready to properly determine priorities for achieving a specific research goal/task, considering the ethics and prestige of the profession of an ethnologist/cultural anthropologist
ETE_K2_K07	The graduate is ready to creatively and consciously use knowledge about the complexity of cultural phenomena, the organization and functioning of culture, the significance of its individual elements, and the historical variability of forms as well as the ethnocultural diversity of the world
ETE_K2_K10	The graduate is ready to thoroughly observe and identify the most important moral, political, social, and economic problems of the contemporary world
ETE_K2_U01	The graduate can search, analyze, evaluate, select, and integrate new information using various sources and interpretation methods, and formulate critical judgments based on this
ETE_K2_U02	The graduate can independently carry out complex research tasks, including analyzing other authors' works, synthesizing various ideas and viewpoints, selecting methods and constructing research tools, and preparing and presenting results in the field of ethnology/cultural anthropology
ETE_K2_U04	The graduate can integrate knowledge from various disciplines in the field of humanities and social sciences and apply it in situations related to the profession of an ethnologist/cultural anthropologist
ETE_K2_U05	The graduate can conduct in-depth and critical analysis and interpretation of various types of cultural products and fields, using original approaches that consider the latest trends in ethnology/cultural anthropology and new achievements in the humanities and social sciences
ETE_K2_U06	The graduate can substantiate arguments, formulate conclusions, and create synthetic summaries of selected problems using their own views and the views of other authors
ETE_K2_U09	The graduate can competently prepare complex presentations on issues of interest in ethnology/cultural anthropology or in areas at the intersection of various scientific disciplines
ETE_K2_W01	The graduate knows and understands in-depth subject matter and methodology of ethnology/cultural anthropology and its creative applications in professional activities
ETE_K2_W02	The graduate knows and understands in depth the specialized terminology of ethnology/cultural anthropology as well as the terminology appropriate for disciplines related to ethnology/cultural anthropology
ETE_K2_W03	The graduate knows and understands in-depth theoretical and methodological knowledge in the field of ethnology/cultural anthropology
ETE_K2_W04	The graduate knows and understands the principles of anthropological interpretation of cultural phenomena in a systematic and in-depth manner
ETE_K2_W05	The graduate knows and understands in-depth connections between ethnology/cultural anthropology and various disciplines of humanities and social sciences as well as related sciences, enabling interdisciplinary integration of research perspectives
ETE_K2_W06	The graduate knows and understands in-depth contemporary achievements, centers, and research schools covering selected areas of ethnology/cultural anthropology and related sciences
ETE_K2_W07	The graduate knows and understands specialized methods of analysis, interpretation, evaluation, and problematization characteristic of selected traditions, theories, and research schools in the field of ethnology/cultural anthropology and related sciences
ETE_K2_W09	The graduate knows and understands in-depth complexity of nature, the complexity of conditions, and the historical variability of language, culture, and society