



UNIwersYTET  
IM. ADAMA MICKIEWICZA  
W POZNANIU

## Interpersonal Communication

### Educational subject description sheet

#### Basic information

<b>Study programme</b> Liberal Arts and Sciences (English programme) <b>Speciality</b> - <b>Organizational unit</b> Faculty of History <b>Study level</b> First-cycle programme <b>Study form</b> Full-time <b>Education profile</b> General academic		<b>Didactic cycle</b> 2023/24 <b>Subject code</b> 18LENS.14K.02965.23 <b>Lecture languages</b> English <b>Course type</b> Obligatory <b>Block</b> Major subjects
<b>Subject coordinator</b>	Łukasz Różycki	
<b>Lecturer</b>	Mateusz Stróżyński	
<b>Period</b> Semester 3	<b>Activities and hours</b> • Conversatory classes: 30, Graded credit	<b>Number of ECTS points</b> 2

#### Goals

Code	Goal
C1	to experience functioning in a group
C2	to learn basics of communication and interpersonal skills (e.g. communicating their emotions and needs, assertiveness)

#### Entry requirements

There are no prerequisites.

## Subject learning outcomes

Code	Outcomes in terms of	Learning outcomes	Examination methods
<b>Knowledge - Student:</b>			
W1	knows and understands dynamics of basic group processes	LEN_K1_W04, LEN_K1_W05, LEN_K1_W06	Practical credit (performance analysis)
<b>Skills - Student:</b>			
U1	is able to explain the dynamics of group processes on the basis of literature and sources	LEN_K1_U02, LEN_K1_U04	Practical credit (performance analysis)
<b>Social competences - Student:</b>			
K1	is ready to present his/her own point of view in discussions and to act in accordance with professional ethic	LEN_K1_K01, LEN_K1_K03, LEN_K1_K04	Practical credit (performance analysis)
K2	is ready to identify the emotional states of others and to react accordingly	LEN_K1_K01, LEN_K1_K03	Practical credit (performance analysis)
K3	is ready to identify and communicate his/her own emotional states	LEN_K1_K03, LEN_K1_K05	Practical credit (performance analysis)

## Study content

No.	Course content	Subject learning outcomes	Activities
1.	Dynamics of group processes.	W1, U1, K1, K2, K3	Conversatory classes
2.	Emotions in the internal human experience; their classification.	W1, U1, K1, K2, K3	Conversatory classes
3.	Assertive attitude - characteristics and requirements.	W1, U1, K1, K2, K3	Conversatory classes

## Additional information

Activities	Teaching and learning methods and activities
Conversatory classes	Discussion, Case study, Workshop method

Activities	Credit conditions
Conversatory classes	Grade scale: very good (bdb; 5.0): achievement by the student of at least 90% of the expected learning outcomes good plus (+db; 4.5): achievement by the student of at least 80% of the expected learning outcomes good (db; 4.0): achievement by the student of at least 70% of the expected learning outcomes Sufficient plus (+dst; 3.5): Achievement of expected learning outcomes by the student at a minimum of 60%. Sufficient (dst; 3.0): Achievement of at least 50% of the expected learning outcomes. unsatisfactory (ndst; 2.0): the student does not achieve the expected learning outcomes.

## Literature

### Obligatory

1. Adler R.B., Rosenfeld L.B., Proctor R.F., The Process of Interpersonal Communication, New York 2018.
2. McKay M., Davis M., Fanning P., Messages: The Communication Skills Book, Oakland 2009.

### Optional

1. Hartley P., Interpersonal Communication, New York 2009.

## Calculation of ECTS points

Activities	Activity hours*
Conversatory classes	30
Preparation for the assessment	30
<b>Student workload</b>	<b>Hours</b> 60
<b>Number of ECTS points</b>	<b>ECTS</b> 2

\* academic hour = 45 minutes

## Efekty uczenia się dla kierunku

Kod	Treść
LEN_K1_K01	The graduate is ready to act in accordance with the norms of social and research ethics
LEN_K1_K03	The graduate is ready to apply the acquired knowledge to solve practical problems
LEN_K1_K04	The graduate is ready to promote science among non-specialists
LEN_K1_K05	The graduate is ready to initiate action on behalf of the social environment and public interest
LEN_K1_U02	The graduate can apply in-depth knowledge of the humanities and sciences in research
LEN_K1_U04	The graduate can perform critical interpretation of sources (historical, literary) in the humanities
LEN_K1_W04	The graduate knows and understands the key terminology of the main disciplines in the humanities, social sciences, sciences and natural sciences
LEN_K1_W05	The graduate knows and understands determinants of research within the humanities and sciences in the era of the digital revolution
LEN_K1_W06	The graduate knows and understands principles and methods of research within the humanities and sciences